

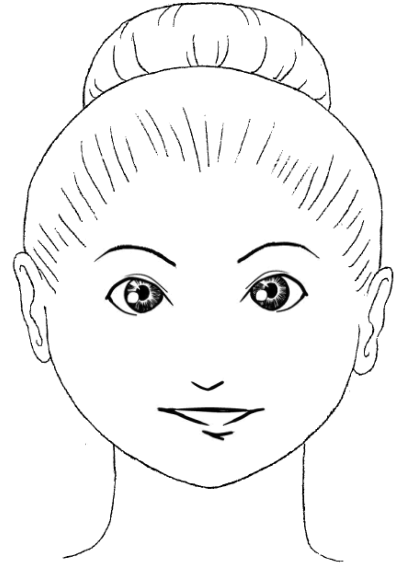
## *How to Make a Ballet Bun*

All girls at Classical Ballet School enrolled in Pre-Level 1 or higher must wear their hair in a neat and tidy classical bun or pinned up so hair does not obscure the neckline or get in the student's eyes. The ballet bun keeps hair from flying in a dancer's face; it also creates a clean, elegant line for the dancer.

Follow these steps to make the perfect bun.

### **Materials List**

- ✂ Hairspray or hair gel
- ✂ Hair pins or bobby pins (lots & lots)
- ✂ Elastic ponytail holder/hair band
- ✂ Brush (soft bristle type)
- ✂ Bun cover or hair net (fine net with elastic edges. Should match hair color)



1. To start the process, wet your hands and the hair with water. This will give you better control over the hair. Gather the hair and pull it back. Apply hair gel if you need more control over the hair.
2. Use a hairbrush to smooth out rough or uneven areas. Form a ponytail by brushing the hair up from the jaw line to the top part of the back of the head. This will form a high bun. The placement of the ponytail determines the placement of the bun. Mid and low buns are sometimes used with short hair.
3. Use an elastic ponytail holder to secure the ponytail. A tidy ponytail with hair drawn snugly back is the key to making a good ballet bun.
4. Apply more water or gel to keep the hair neat, and twist the ponytail.
5. Coil the ponytail into a tight circle around the hair band.
6. Use bobby pins all around the coil to secure it to the rest of the hair. Slide each pin through the outer part of the coil, then into the base of the bun.
7. Wrap hair net or bun cover around the bun. Add a few more pins to secure the bun cover and hair net.
8. With long, thick hair, you may end up with a bun that will protrude too much. A flatter bun is preferable and easier while dancing. To flatten, remove all pins while leaving the hair net; the hair net will hold the bun. Flatten the bun and re-pin all around the bun.
9. For extra hold, when the bun and hair are secure, use hairspray.